

Monday Dinner

SOUP

Crab Bisque

Contains Crab, Dairy, Mushrooms, Tomato and Bell Pepper products

SALAD

■●▲ Selections from the Salad Bar

ENTREES

■●▲ Beef with Broccoli

Served over Rice

*Stir fried Seasoned Steak Strips with Broccoli in Oyster Sauce
Contains Fish & Soy Sauce products*

Chicken Saltimbocca

*Boneless, Skinless Chicken Breast layered with Provolone cheese and Ham cooked in Wine
Contains Wine & Dairy products*

Alaskan Cod Piquant

Baked Cod Filets seasoned with mustard and curry seasoning.

ACCOMPANIMENTS

Spaghetti Carbonara

Contains dairy products

Mashed Potatoes

Contains Dairy products

■●▲ Green Beans with Mushrooms

■●▲ Garlic Bok Choy

BREADS

Brown Bread

DESSERTS

Pineapple Pie

*Strawberry, Chocolate, Vanilla, Featured Flavor
■● Rainbow Sherbet, ■● Non-Fat Frozen Yogurt
and Diabetic Ice Cream*

■●▲ Fresh Fruit Bowl

BEVERAGES

*Seattle's Best Regular & Decaffeinated Coffee
Regular & Decaffeinated Teas, Herb & Iced Tea,
2% & Non-Fat Milk, Juices and Iced Water*

■ Low Fat

● Low Cholesterol

▲ Higher in Fiber

Warning: Consuming raw or undercooked meats, poultry, seafood, shellfish, eggs or unpasteurized milk may increase your risk of foodborne illness, especially, if you have certain medical conditions.